

PE Timetable 2018-2019

Social/Mental Health Focus	Autumn 1 Personal Skills	Autumn 2 Social Skills	Spring 1 Physical Skills	Spring 2 Creative	Summer 1 Cognitive	Summer 2 Health and Fitness
Foundation	REAL GYM In class Fit2learn	REAL GYM In class Fit2learn	REAL GYM In class Fit2learn	REAL GYM Tennis coach	In class Fit2learn Gym Coach	REAL PE/GYM Football coach
Year 1 Cover 4 lessons of dance linked to topic	REAL PE unit 1 Gym Coach	REAL GYM Unit 1 REAL PE Unit 2	REAL PE Unit 3 REAL GYM Unit 2	REAL PE Unit 4 Gym Coach	REAL PE unit 5 REAL GYM unit 3	REAL PE – Health and fitness
Competitions <i>Out of school in red</i>	SG gymnastics floor PB	SG Gymnastics Balance	Skipping in school	SG gymnastics floor PB	SG Gymnastics Rhythmic PB	SG Quad Athletics PB
Year 2 Cover 4 lessons of dance linked to topic	REAL PE – Unit 1 Gym Coach	REAL GYM- unit 1 REAL PE- Unit 2	REAL PE- unit 3 REAL GYM-unit 2	REAL Gym- unit 3 Gym Coach	REAL PE unit 4 REAL GYM-unit 3	REAL PE - Health and fitness REAL PE-unit 6
Competitions <i>Out of school in red</i>	SG gymnastics floor PB	SG Gymnastics Balance	Skipping in school	<i>Skipping Leeds East (class)</i> SG gymnastics	SG Gymnastics Rhythmic PB	SG Quad Athletics PB
Year 3 + swimming Wednesdays Cover 4 lessons of dance linked to topic	REAL PE- unit 1 REAL GYM- Unit 1	REAL PE- unit 2 REAL GYM- unit 1	Swimming Gym Coach	Swimming REAL GYM- Unit 2 REAL PE- Unit 3	Swimming Gym Coach	Swimming REAL PE – Health and fitness
Competitions <i>Out of school in red</i>	SG Netball <i>X country</i>	SG Gymnastics Balance SG- goalball	SG swimming SG gymnastics <i>Leeds Key Step Gymnastics</i>	SG swimming SG Tennis	SG swimming SG gymnastics	SG swimming SG Quad Athletics PB <i>LEPP QUAD athletics</i>
Year 4 + swimming Wednesdays Cover 4 lessons of dance linked to topic	Swimming REAL PE- Unit 1 <i>linked to skipping competition</i>	Swimming REAL GYM- unit 1	REAL PE- unit 2 Gym Coach	REAL GYM- unit 2 REAL PE unit 3 <i>linked to mini tennis</i>	REAL PE-unit 4 Gym Coach	REAL PE – Health and fitness REAL PE- unit 6
Competitions <i>Out of school in red</i>	Skipping in school SG swimming <i>X country</i>	<i>Skipping Leeds East (class)</i> SG swimming	SG gymnastics SG- dodgeball	SG Mini Tennis RED <i>Leeds East Mini Tennis Comp</i>	SG gymnastics SG Dodgeball	SG Quad Athletics PB SG tri-golf (possible competition for 10) <i>LEPP QUAD athletics</i>
Year 5 Cover 4 lessons of dance linked to topic	REAL PE – Unit 1 REAL GYM- unit 1	REAL PE- unit 2 Gym Coach	REAL GYM- Unit 2 REAL PE- Unit 3 <i>linked to hockey</i>	REAL GYM- Unit 3 REAL PE-Unit 4 <i>linked to rugby</i>	Real PE- unit 5	REAL PE – Health and fitness Gym Coach
Competitions <i>Out of school in red</i>	SG gymnastics vaults <i>X country</i>	SG gymnastics floor <i>Leeds Key step Gymnastics</i>	SG Hockey <i>LEPP Hockey (class)</i>	<i>LEPP Rugby (Class)</i> SG rugby league	SG Handball SG Basketball	SG gymnastics floor SG Quad Athletics PB
Year 6 Please cover 4 lessons of dance linked to topic	REAL PE – unit 1 <i>Linked to SHA</i> REAL GYM- unit 1	REAL PE- unit 2 Gym Coach	REAL PE-Unit 3	REAL PE- unit 3	REAL GYM- unit 3 REAL PE- unit 4 <i>linked to cricket</i>	REAL PE – Health and fitness Gym Coach
Competitions <i>Out of school in red</i>	<i>Leeds East Sports Hall</i> Athletics SHA <i>X country</i>	SG gymnastics SG netball <i>LEPP U11 football (class)</i>	SG Hockey SG Netball	SG rugby league SG- netball	<i>SG- cricket</i> <i>LEPP Cricket (class)</i> <i>U11 Netball</i>	SG gymnastics SG Quad Athletics PB SG rounders

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LEPP dates at [powerleague](#)

- Aut A - 24th October 2018 (date during hols)- 5 and 6 Football
- Spr A- 13th February 2019- 5 and 6 Hockey
- Spr B- 27th March 2019- 5 and 6 Rugby
- Summer A- 22nd May 2019- 5 and 6 Cricket
- [Summer B- 10th July 2019- 3 and 4 Quad athletics](#)