

# White Laith Primary School PSHE, SEMH & RSE Curriculum Overview 2020-2021

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1 MindMate</b>	Feeling Good and Being Me	Feeling Good and Being Me	Feeling Good and Being Me	Feeling Good and Being Me	Feeling Good and Being Me	Feeling Good and Being Me
<b>Autumn 1 You Me &amp; PSHE</b>	Identity, society and equality Me and others	Identity, society and equality Celebrating difference	Physical health and wellbeing What helps me choose?	Identity, society and equality Democracy	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Identity, society and equality Human rights
<b>Autumn 2 MindMate</b>	Friends and Family	Friends and Family	Friends and Family	Friends and Family	Friends and Family	Friends and Family
<b>Autumn 2 You Me &amp; PSHE</b>	Keeping safe and managing risk  Feeling safe	Keeping safe and managing risk  Indoors and outdoors	Keeping safe and managing risk  Bullying – see it, say it, stop it	Keeping safe and managing risk  Playing safe	Keeping safe and managing risk  When things go wrong	Keeping safe and managing risk  Keeping safe - out and about FGM
<b>Spring 1 MindMate</b>	Life Changes	Life Changes	Life Changes	Life Changes	Life Changes	Life Changes
<b>Spring 1 You Me &amp; PSHE</b>	Drug, alcohol and tobacco education  What do we put into and on to bodies?	Drug, alcohol and tobacco education  Medicines and me	Drug, alcohol and tobacco education Tobacco is a drug	Drug, alcohol and tobacco education  Making choices	Drug, alcohol and tobacco education  Different influences	Relationships and sex education  Healthy relationships / How a baby is made
<b>Spring 2 MindMate</b>	Strong Emotions	Strong Emotions	Strong Emotions	Strong Emotions	Strong Emotions	Strong Emotions
<b>Spring 2 You Me &amp; PSHE</b>	Relationships and sex education  Boys and girls	Relationships and sex education  Boys and girls Careers, financial capability and economic wellbeing My money	Relationships and sex education  Families	Relationships and sex education  Growing up and changing	Relationships and sex education  Growing up and changing	Mental health and emotional wellbeing  Healthy minds
<b>Summer 1 MindMate</b>	Being the Same, Being Different	Being the Same, Being Different	Being the Same, Being Different	Being the Same, Being Different	Being the Same, Being Different	Being the Same, Being Different
<b>Summer 1 You Me &amp; PSHE</b>	Mental health and emotional wellbeing Feelings	Mental health and emotional wellbeing Friendship	Mental health and emotional wellbeing Strengths and challenges	Mental health and emotional wellbeing Dealing with feelings	Careers, financial capability and economic wellbeing Borrowing and earning money	SATS
<b>Summer 2 MindMate</b>	Solving Problems/Making it Better	Solving Problems/Making it Better	Solving Problems/Making it Better	Solving Problems/Making it Better	Solving Problems/Making it Better	Solving Problems/Making it Better
<b>Summer 2 You Me &amp; PSHE</b>	Physical health and wellbeing Fun Times	Physical health and wellbeing What keeps me healthy?	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Physical health and wellbeing What is important to me?	Physical health and wellbeing In the media	Drug, alcohol and tobacco education  Weighing up risk

 The red flag demarcates lessons which link directly to safeguarding