

White Laith Primary School

Smoke Free Policy

Date agreed by Governors: May 2021

Review date: May 2024

At White Laith we are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. We believe every pupil should be able to participate in all school activities in an enjoyable and safe environment and be protected from harm. This is the responsibility of every adult employed by or invited to deliver services at White Laith. We recognise our responsibility to safeguard and promote the welfare of all our pupils by protecting them from physical, sexual or emotional abuse, neglect and bullying.

We also exercise this responsibility by educating our children so that they grow in their understanding of their rights and responsibilities to themselves and others, in safety consciousness, and, in their maturity and abilities to keep themselves and others safe.

We perceive this to be part of our role in promoting British values.

Responsibilities

White Laith Primary School regards itself as a health-promoting school. It recognises that its staff act as role models for pupils in all aspects of school life, including health promotion. Second hand smoking – breathing in other people’s smoke – has now been shown to cause lung cancer and heart disease in non-smokers, as well as many other illnesses and minor conditions.

We acknowledge that breathing in other people’s tobacco smoke is both a public health hazard and a welfare issue. It is also noted that electronic cigarettes (e-cigarettes) mimic the effects of real cigarettes. Experts say it is not yet known what harm the tobacco-free devices could inflict and that their contents could be damaging young people's health.

Rationale

- Smoking is the single most preventable cause of premature death and ill-health in our society.
- Passive smoking – breathing other people’s tobacco smoke – is also potentially fatal. It has been shown to cause lung cancer, as well as many other illnesses, in non-smokers.
- Smoking is a health and safety issue for all adults who use the school: staff and parents.
- Everyone has a right to breathe clean air, and non-smokers are in the majority.
- Schools have a major role to play in working towards non-smoking being seen as the norm in society.
- Children need to receive consistent messages and require non-smoking role models within the school.

Objectives

- To protect non-smokers from the adverse health effects of environmental tobacco smoke and e-cigarette vapours in the workplace.
- To demonstrate the school’s commitment to promoting the health of pupils and staff.
- To provide information and advice for those who wish to stop smoking.

Restrictions on smoking

Staff

All staff – teaching, support and peripatetic, may not smoke tobacco or e-cigarettes while on school premises and grounds.

Pupils

Pupils may not smoke tobacco or e-cigarettes while on school premises and grounds or while engaged in school related activities outside the school.

Parents

Parents may not smoke tobacco or e-cigarettes while on school premises and grounds.

Visitors

The Smoke Free policy applies to all visitors to the school, for example parents, suppliers, supply or temporary staff, contractors, sports coaches etc.

The following arrangements have been made for informing visitors of the policy's existence:

- Clearly worded signs
- Staff members will inform visitors of the policy when necessary.

School related activities

The prohibition of smoking tobacco or e-cigarettes will apply during related school activities undertaken outside school premises, eg educational visits.

School premises utilised outside normal working hours

When school premises are used for purposes other than school related activities the Smoke Free policy will still remain in operation.

Procedures

If a member of staff is found to be breaching the school Smoke Free policy the school's disciplinary procedure will be followed. Additionally the staff member will be offered support to help them quit smoking through linking them with appropriate support in the community.

If parents or visitors are found smoking tobacco or e-cigarettes on school premises or grounds, they will be required to leave the premises or grounds immediately. In the case of a persistent offender they will be asked to leave the premises and may receive a formal written warning.

Parents assisting on school activities and educational visits are subject to the same no smoking policy as staff.

Systems of support

Leeds commissions a range of local drug and alcohol services to provide advice, information and treatment for:

- Residents who would like help and support around their own drug or alcohol use.
- Leeds residents who are concerned about a friend or family member's drug or alcohol use.

GP

A person's GP will be able to give advice, refer patients to specialist services or may run some specialist services themselves, such as smoking cessation.

For full details of the surgeries with smoking cessation specialists see:

www.oneyouleeds.org.uk/pages/stop-smoking-services

Pharmacies

Most pharmacies will be able to give advice and may run some specialist services themselves, such as smoking cessation.

For full details of the pharmacies with smoking cessation specialists see:

www.oneyouleeds.org.uk/pages/stop-smoking-services

Family Information Service

www.familyinformation.leeds.gov.uk

List of support available for families on a wide range of topics, including alcohol and drug misuse.

Free Phone: 0800 731 0640 or Tel: 0113 247 4386

Families First Supports families with school aged children up to 19 years old.

Tel: 0113 247 6829 or www.families.first@leeds.gov.uk

Monitoring and evaluation

This policy is available on the school website and will be reviewed every 3 years.