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| **Multi-abilities Focus** | **Autumn 1**  **Personal Skills** | **Autumn 2**  **Social Skills** | **Spring 1**  **Cognitive** | **Spring 2**  **Creative** | **Summer 1**  **Physical Skills** | **Summer 2**  **Health and Fitness** |
| **Foundation** | REAL PE- Unit 1  In class Fit2learn  HSBC Ready. Set. Ride  Forest Schools | REAL GYM- Unit 1  In class Fit2learn  HSBC Ready. Set. Ride  Forest Schools | REAL PE- Unit 3  In class Fit2learn  HSBC Ready. Set. Ride  Forest Schools | REAL PE Unit 4  In class Fit2learn  HSBC Ready. Set. Ride  Forest Schools | Tennis coach  In class Fit2learn  HSBC Ready. Set. Ride  Forest Schools | REAL PE Unit 6  Gym Coach  HSBC Ready. Set. Ride  Forest Schools |
| **Year 1**  Cover 4 lessons of dance linked to topic | REAL PE unit 1  REAL GYM Unit 1 | REAL PE Unit 2  Gym Coach | REAL PE Unit 3  REAL GYM Unit 2 | REAL PE Unit 4  Gym Coach | REAL PE unit 5 REAL GYM unit 3 | REAL PE – Health and fitness |
| Competitions  Out of school in red | SG gymnastics floor PB | SG Gymnastics Balance | Skipping in school | SG gymnastics floor PB | SG Gymnastics Rhythmic PB | SG Quad Athletics PB  Teddy bears Picnic (outdoor learning) |
| **Year 2**  Cover 4 lessons of dance linked to topic | REAL PE – Unit 1  REAL GYM- unit 1 | REAL PE- Unit 2  Gym coach | REAL PE- unit 3  REAL GYM-unit 2 | REAL Gym- unit 3  Gym Coach | REAL PE unit 4 REAL GYM-unit 3 | REAL PE - Health and fitness  REAL PE-unit 6 |
| Competitions  Out of school in red | SG gymnastics floor PB | SG Gymnastics Balance | Skipping in school | Skipping Leeds East (class)  SG gymnastics | SG Gymnastics Rhythmic PB | SG Quad Athletics PB |
| **Year 3** + swimming Wednesdays  Cover 4 lessons of dance linked to topic | REAL PE- unit 1  REAL GYM- Unit 1 | REAL PE- unit 2  REAL GYM- unit 2 | Swimming  Gym Coach | Swimming  REAL PE- Unit 4 | Swimming  Gym Coach | Swimming  REAL PE – unit 6 |
| Competitions  Out of school in red | SG Netball  X country | SG Gymnastics Balance  SG- goalball | SG swimming  SG gymnastics  Leeds Key Step Gymnastics | SG swimming  SG Tennis | SG swimming  SG gymnastics | SG swimming  SG Quad Athletics PB  LEPP QUAD athletics |
| **Year 4** + swimming Wednesdays  Cover 4 lessons of dance linked to topic | Swimming  REAL PE- Unit 1 linked to skipping competition | Swimming  REAL PE- unit 2 | REAL PE- unit 3  Gym Coach | REAL GYM- unit 2  REAL PE unit 4 linked to mini tennis | REAL PE-unit 5  Gym Coach | REAL PE – unit 6  REAL gym- unit 3 |
| Competitions  Out of school in red | Skipping in school  SG swimming  X country | Skipping Leeds East (class)  SG swimming | SG gymnastics  SG- dodgeball  LEPP Hockey (class) | SG Mini Tennis RED  Leeds East Mini Tennis Comp | SG gymnastics  SG Dodgeball | SG Quad Athletics PB  SG tri-golf (possible competition for 10) |
| **Year 5**  Cover 4 lessons of dance linked to topic | REAL PE – Unit 6  Gym coach | REAL PE- unit 3  Real gym unit 1 | REAL GYM- Unit 1  REAL PE- Unit 3 linked to hockey | REAL GYM- Unit 2  REAL PE-Unit 4 linked to rugby | Real PE- unit 4 | REAL PE – Health and fitness  Gym Coach |
| Competitions  Out of school in red | SG gymnastics vaults  X country | SG gymnastics floor  Leeds Key step Gymnastics | SG Handball | LEPP Rugby (Class)  SG rugby league | SG Hockey  SG Basketball  LEPP Cricket (class) | SG gymnastics floor  SG Quad Athletics PB |
| **Year 6**  Please cover 4 lessons of dance linked to topic | REAL PE – unit 6  Linked to SHA  Gym coach | REAL PE- unit 3  Real gym unit 1 | REAL PE-Unit 1 | REAL PE- unit 2 | REAL GYM- unit 3  REAL PE- unit 4 linked to cricket | REAL PE – Health and fitness  Gym Coach |
| Competitions  Out of school in red | Leeds East Sports Hall Athletics SHA  X country | SG gymnastics  SG netball  LEPP U11 football (class) | SG Hockey  SG Netball | SG rugby league  SG- netball | SG- cricket  U11 Netball | SG gymnastics  SG Quad Athletics PB  SG rounders |