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| **Multi-abilities Focus** | **Autumn 1****Personal Skills** | **Autumn 2****Social Skills** | **Spring 1****Cognitive**  | **Spring 2****Creative** | **Summer 1****Physical Skills** | **Summer 2****Health and Fitness** |
| **Foundation** | REAL PE- Unit 1In class Fit2learnHSBC Ready. Set. RideForest Schools | REAL GYM- Unit 1In class Fit2learnHSBC Ready. Set. RideForest Schools | REAL PE- Unit 3In class Fit2learnHSBC Ready. Set. RideForest Schools | REAL PE Unit 4In class Fit2learnHSBC Ready. Set. RideForest Schools | Tennis coachIn class Fit2learnHSBC Ready. Set. RideForest Schools | REAL PE Unit 6Gym CoachHSBC Ready. Set. RideForest Schools |
| **Year 1**Cover 4 lessons of dance linked to topic | REAL PE unit 1REAL GYM Unit 1 | REAL PE Unit 2Gym Coach | REAL PE Unit 3REAL GYM Unit 2 | REAL PE Unit 4Gym Coach | REAL PE unit 5REAL GYM unit 3 | REAL PE – Health and fitness |
| CompetitionsOut of school in red | SG gymnastics floor PB | SG Gymnastics Balance | Skipping in school | SG gymnastics floor PB | SG Gymnastics Rhythmic PB | SG Quad Athletics PBTeddy bears Picnic (outdoor learning) |
| **Year 2**Cover 4 lessons of dance linked to topic | REAL PE – Unit 1REAL GYM- unit 1 | REAL PE- Unit 2Gym coach | REAL PE- unit 3REAL GYM-unit 2 | REAL Gym- unit 3Gym Coach | REAL PE unit 4REAL GYM-unit 3 | REAL PE - Health and fitnessREAL PE-unit 6 |
| CompetitionsOut of school in red | SG gymnastics floor PB | SG Gymnastics Balance | Skipping in school | Skipping Leeds East (class)SG gymnastics | SG Gymnastics Rhythmic PB | SG Quad Athletics PB |
| **Year 3** + swimming WednesdaysCover 4 lessons of dance linked to topic | REAL PE- unit 1REAL GYM- Unit 1 | REAL PE- unit 2REAL GYM- unit 2 | Swimming Gym Coach | Swimming REAL PE- Unit 4 | Swimming Gym Coach | SwimmingREAL PE – unit 6 |
| CompetitionsOut of school in red | SG NetballX country | SG Gymnastics BalanceSG- goalball | SG swimmingSG gymnasticsLeeds Key Step Gymnastics  | SG swimmingSG Tennis | SG swimmingSG gymnastics | SG swimmingSG Quad Athletics PBLEPP QUAD athletics |
| **Year 4** + swimming WednesdaysCover 4 lessons of dance linked to topic | SwimmingREAL PE- Unit 1 linked to skipping competition | SwimmingREAL PE- unit 2 | REAL PE- unit 3Gym Coach | REAL GYM- unit 2REAL PE unit 4 linked to mini tennis | REAL PE-unit 5Gym Coach | REAL PE – unit 6REAL gym- unit 3 |
| CompetitionsOut of school in red | Skipping in schoolSG swimmingX country | Skipping Leeds East (class)SG swimming | SG gymnasticsSG- dodgeball LEPP Hockey (class) | SG Mini Tennis REDLeeds East Mini Tennis Comp | SG gymnasticsSG Dodgeball | SG Quad Athletics PBSG tri-golf (possible competition for 10) |
| **Year 5**Cover 4 lessons of dance linked to topic | REAL PE – Unit 6Gym coach | REAL PE- unit 3Real gym unit 1 | REAL GYM- Unit 1REAL PE- Unit 3 linked to hockey | REAL GYM- Unit 2REAL PE-Unit 4 linked to rugby | Real PE- unit 4 | REAL PE – Health and fitnessGym Coach |
| CompetitionsOut of school in red | SG gymnastics vaultsX country | SG gymnastics floorLeeds Key step Gymnastics | SG Handball | LEPP Rugby (Class)SG rugby league | SG HockeySG BasketballLEPP Cricket (class) | SG gymnastics floorSG Quad Athletics PB |
| **Year 6**Please cover 4 lessons of dance linked to topic | REAL PE – unit 6Linked to SHAGym coach | REAL PE- unit 3Real gym unit 1 | REAL PE-Unit 1 | REAL PE- unit 2 | REAL GYM- unit 3REAL PE- unit 4 linked to cricket | REAL PE – Health and fitness Gym Coach |
| CompetitionsOut of school in red | Leeds East Sports Hall Athletics SHAX country | SG gymnasticsSG netballLEPP U11 football (class) | SG Hockey SG Netball  |  SG rugby leagueSG- netball | SG- cricketU11 Netball  | SG gymnasticsSG Quad Athletics PBSG rounders |