

Healthy Eating Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	<p>All about me: Flavour Schools - Tasting foods and linking to our senses CC: Bear Cookies, Pizza, Healthy Sandwiches</p>	<p>Celebrations: Food from different cultures CC: Naan Bread & Pumpkin Soup</p>	<p>Hot & Cold: Freezing food CC: Dragon Sandwiches & Vegetable Chilli</p>	<p>Hot & Cold: CC: Fruit Juice</p>	<p>Animals & Mini-beasts: Growing plants & Farm visits CC: Vegetable Filo Tart & Lettuce Wraps</p>	<p>CC: Fruity Muffins</p>
Year 1	<p>Science: Plants CC: Cheese Dip Visit: Apple Day Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) CC: Healthy Wraps & Biscuits Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) CC: Terrific Tuna Tarts PSHE: Drug, Alcohol and Tobacco Education - What we put into and onto our bodies Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) CC: Plum-Berry Layered Desert Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) CC: Banana Crumble top Muffins Learning Log Task: Healthy Eating</p>	<p>CC: Stripy Salad Pots PSHE: Physical Health and Wellbeing Learning Log Task: Healthy Eating</p>

<p>Year 2</p>	<p>CC: Triple Decker Sandwich Learning Log Task: Healthy Eating</p>	<p>CC: Scrummy Sconces Learning Log Task: Healthy Eating</p>	<p>CC: Sweet Mini-Pancakes Learning Log Task: Healthy Eating</p>	<p>CC: Brilliant Bread & Garlic Bread Learning Log Task: Healthy Eating</p>	<p>CC: Tomato and Cheese Pastries Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) - Food groups & the Eatwell Plate CC: Fruit Kebabs PSHE: Physical Health and Wellbeing Learning Log Task: Healthy Eating</p>
<p>Year 3</p>	<p>Topic: Rainforests CC: Tropical Fruit Salad PSHE: Physical Health and Wellbeing Learning Log Task: Healthy Eating</p>	<p>Topic: Rainforests - Fair Trade CC: Tropical Granola Bars RE: Judaism Learning Log Task: Healthy Eating</p>	<p>CC: Ham and Onion Rosti Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) - Our Bodies Topic: India - Tea CC: Spinach, Potato and Chickpea Curry and Naan Bread Learning Log Task: Healthy Eating</p>	<p>CC: Egg Salad Learning Log Task: Healthy Eating</p>	<p>CC: Simple Spring rolls Learning Log Task: Healthy Eating</p>

<p>Year 4</p>	<p>Topic: Water - The importance of water CC: Marble Pear Tray Bake Learning Log Task: Healthy Eating</p>	<p>Topic: Water - The importance of water CC: Quiche Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) - Teeth, the digestive system & food chains CC: Hummus Learning Log Task: Healthy Eating</p>	<p>Science: Animals (inc Humans) - Teeth, the digestive system & food chains CC: Savoury Rice Learning Log Task: Healthy Eating</p>	<p>CC: Pizza Wheels Learning Log Task: Healthy Eating</p>	<p>CC: Mini Carrot Cakes PSHE: Physical Health and Wellbeing - Food choices and diets Learning Log Task: Healthy Eating</p>
<p>Year 5</p>	<p>CC: Frozen Fruit, Smoothie and Yoghurt Cups Learning Log Task: Healthy Eating</p>	<p>CC: Christmas Party Guacamole Learning Log Task: Healthy Eating</p>	<p>Topic: WW2 - Growing & Rationing CC: Anglo-Saxon Baked Apples Learning Log Task: Healthy Eating</p>	<p>Topic: WW2 - Growing & Rationing CC: Learning Log Task: Healthy Eating</p>	<p>CC: Ramesses Spiral Breads and Pizza Spirals Learning Log Task: Healthy Eating</p>	<p>Science: Space - An Astronauts Diet CC: Victory Garden Potato and Spring Onion Scones PSHE: Physical Health and Wellbeing Visit: The Great Yorkshire Showground</p>

						Learning Log Task: Healthy Eating
Year 6	CC: Raspberry Victoria Sponge Learning Log Task: Healthy Eating	CC: Great Green Soup Learning Log Task: Healthy Eating	Topic: Vikings - Comparing food that Vikings ate with nowadays CC: Mead Learning Log Task: Healthy Eating	Topic: Vikings - Comparing food that Vikings ate with nowadays CC: Couscous Learning Log Task: Healthy Eating	SATS: Healthy Breakfasts/Sugar Boosts Learning Log Task: Healthy Eating	CC: Mini Meatballs in Tomato Sauce Learning Log Task: Healthy Eating

CC - Cooking in the Curriculum