

DATE Whole School Long Term Plan

	<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 3</u>
Early Years	Pupils learn to be safe at school and at home around everyday substances		
Year 1	What do we put into our bodies? Pupils learn about what can go into bodies and how it can make people feel	What do we put on to our bodies? Pupils learn about what goes on to bodies and how it can make people feel	
Year 2	When I needed some medicine Pupils learn why medicines are taken	Where do medicines come from? Pupils learn where medicines come from	Staying safe around medicines Pupils learn about keeping themselves safe around medicines Asthma lesson Pupils learn that medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use
Year 3	Helpful or harmful Pupils learn the definition of a drug and that drugs (including medicines) can be harmful to people	Smoking and tobacco Pupils learn about the effects and risks of smoking tobacco and second-hand smoke	Stopping smoking Pupils learn about the help available for people to remain smoke free or quit smoking
Year 4	Drugs that are common in everyday life Pupils learn that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them	About alcohol Pupils learn about the effects and risks of drinking alcohol	Drug use Pupils learn about different patterns of behaviour that are related to drug use
Year 5	Risks of smoking Pupils learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis	The media and other influences Pupils learn about different influences on drug use – alcohol, tobacco and nicotine products	Resisting pressure Pupils learn strategies to resist pressure from others about whether to use drugs – smoking drugs and alcohol
Year 6	Risks and effects of different drugs Pupils learn about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs	Judging risk Pupils learn about assessing the level of risk in different situations involving drug use	Managing situations Pupils learn about ways to manage risk in situations involving drug use