

Breakfast Club Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Type of bread *	50/50 toast Crumpet Pancakes Bagel	50/50 toast Crumpet Pancakes Bagel	50/50 toast Crumpet Pancakes Bagel	50/50 toast Crumpet Pancakes Bagel	50/50 toast Crumpet Pancakes Bagel
Cereal	Cornflakes Multigrain Cheerios Shreddies Weetabix	Cornflakes Multigrain Cheerios Shreddies Weetabix	Cornflakes Multigrain Cheerios Shreddies Weetabix	Cornflakes Multigrain Cheerios Shreddies Weetabix	Cornflakes Multigrain Cheerios Shreddies Weetabix
Fruit	Apples, bananas, small oranges, plums, kiwis, grapes	Apples, bananas, small oranges, plums, kiwis, grapes	Apples, bananas, small oranges, plums, kiwis, grapes	Apples, bananas, small oranges, plums, kiwis, grapes	Apples, bananas, small oranges, plums, kiwis, grapes
Drinks	Water or milk	Water or milk	Water or milk	Water or milk	Water or milk
Spreads 10g/ 1 teaspoon	Margarine – light Strawberry jam Lemon curd	Margarine – light Strawberry jam Lemon curd	Margarine – light Strawberry jam Lemon curd	Margarine – light Strawberry jam Lemon curd	Margarine – light Strawberry jam Lemon curd
Dairy	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

* 50/50 toast, crumpets, pancakes – max. 2 slices

* Bagel – 1 per child