

White Laith Primary School - Relationships and Sex Education

Curriculum Planning for Year 6

Year 6	Learning Outcomes	Vocabulary	Living & Growing DVD Link
Lesson 1: What's all this about puberty? (Sex and Relationships Education Resource - Y5/6 Lesson 1)	<ul style="list-style-type: none"> • Can identify the physical, emotional and behavioural changes that occur during puberty for both males and females • Understand that puberty is individual and can occur any time between 8-17 • Understand that body changes at puberty are a preparation for sexual maturity 	Puberty Wet dreams Gay Sanitary towels Sex Kiss Bra Periods	
Lesson 2: Becoming men and women (Sex and Relationships Education Resource - Y5/6 Lesson 2)	<ul style="list-style-type: none"> • Understand how our attitudes and values about gender and sexuality may be affected by factors such as age, religion and culture • Can recognise and challenge gender stereotypes • Understand how media messages affect attitudes, can cause inequality of opportunity and affect behaviour 	Males Females Puberty Reproductive organs Gender	Channel 4, Living & Growing, Unit 3, Let's Talk About Sex, Programme 9
Lesson 3: Building good relationships	<ul style="list-style-type: none"> • Can identify positive qualities and expectations for a variety of relationships 	Intimate relationships Partners Marriages	

<p>(Sex and Relationships Education Resource - Y5/6 Lesson 3)</p>	<ul style="list-style-type: none"> • Can explain the similarities and differences between friendships and intimate relationships • Can describe different types of intimate relationship including marriage • Understand that sex or making love may be one part of an intimate relationship between adults 	<p>Dating Sexual relationship</p>	
<p>Lesson 4: Sexual relationships (Sex and Relationships Education Resource - Y5/6 Lesson 4)</p>	<ul style="list-style-type: none"> • Understand that sexuality is expressed in a variety of ways between consenting adults • Know that sexual intercourse may be one part of a sexual relationship • Can describe how babies are made, including the relationship between sexual intercourse and conception • Can name the male and female sex cells and reproductive organs 	<p>Pubic hair Nipples Breasts Penis Scrotum Vulva Vagina Clitoris Cervix Ovaries Testicles Foreskin Anus Urethra Fallopian tube Womb Bladder Relationships Homosexual relationship Sexual intercourse Sex</p>	<p>Channel 4, Living & Growing, Unit 2, How Babies Are Made, Programme 5</p>

		Ovum Sperm Uterus Conception fertilisation	
Lesson 5: Conception and pregnancy (Sex and Relationships Education Resource - Y5/6 Lesson 5)	<ul style="list-style-type: none"> • Know the key male and female body parts associated with conception and pregnancy • Can define conception and understand the importance of implantation in the womb • Know what pregnancy is, where it occurs and how long it takes 	Sexual intercourse Pregnancy Conception Implantation Make love Vagina Penis Sperm Fallopian tubes Sex cells Fertilised Ovum Foetus Ejaculate	
Lesson 6: Being a parent (Sex and Relationships Education Resource - Y5/6 Lesson 6)	<ul style="list-style-type: none"> • Can identify some of the skills and qualities needed to be a parent and carer • Understand the variety of ways in which parents and carers meet the needs of babies and children • Can recognise that both men and women can take on these roles and responsibilities 		

<p>Lesson 7: Your questions answered (Sex and Relationships Education Resource - Y5/6 Lesson 7)</p>	<ul style="list-style-type: none">• Can answer their own questions about sex and relationships with confidence• Can use appropriate language to discuss sex and relationships with confidence• Can identify sources of information, support and advice for children and young people		
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