

# White Laith Primary School - Relationships and Sex Education

## Curriculum Planning for Year 1

Year 1	Learning Outcomes	Vocabulary	Living & Growing DVD Link
Lesson 1: <b>Girls and boys can...</b> (Sex and Relationships Education Resource - Y2 Lesson 1)	<ul style="list-style-type: none"> <li>• Are able to define difference and similarity</li> <li>• Understand that boys and girls can do the same tasks and enjoy the same things; but that stories, TV and people sometimes say that boys do this and girls do that</li> </ul>		
Lesson 2: <b>What is male and female?</b> (Sex and Relationships Education Resource - Y2 Lesson 2)	<ul style="list-style-type: none"> <li>• Can describe some of the biological differences between male and female animals</li> <li>• Understand that the creation of new life requires a male and female</li> <li>• Learn that female mammals give birth and nurse their young</li> </ul>	Males Females Udders Teats Horns	Channel 4, Living & Growing, Unit 1, <b>Differences, Programme 1</b> (video timecode: 0.05, DVD Chapter 1)
Lesson 3: <b>Labelling male and female bodies</b> (Sex and Relationships Education Resource - Y2 Lesson 3a)	<ul style="list-style-type: none"> <li>• Can identify and name the main male and female sex parts</li> <li>• Understand that the male and female sex parts are related to reproduction</li> <li>• Are able to label the main male and female sex parts with confidence</li> </ul>	Clitoris Vagina Penis Testicles Breasts Nipples	Channel 4, Living & Growing, Unit 1, <b>Differences, Programme 1</b> (video timecode 0.05.08 - 0.10.44, DVD Chapter 2)

