

RSE Whole School Long Term Plan

	<u>Year 1</u>	<u>Year 2</u>	<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
Lesson 1	Girls and boys can...	Human life cycle	Who's in my family?	Puberty - Growing and changing	Puberty - How our bodies change	What's all this about puberty?
Lesson 2	What is male and female?	Everybody needs caring for	Special and different - families	Puberty - Changing body parts	Puberty - Understanding menstruation and wet dreams	Becoming men and women
Lesson 3	Labelling male and female bodies		Feeling good about being different	Puberty - Changing the way we keep clean	Puberty - Changing feelings and changing lives	Building good relationships
Lesson 4					Puberty - Feeling, thinking and doing - changing relationships	Sexual relationships
Lesson 5					Your questions answered	Conception and pregnancy
Lesson 6						Being a parent
Lesson 7						Your questions answered