

White Laith Primary School - Relationships and Sex Education

Whole School Curriculum Overview

<i>Year 1</i>	<i>Year 3</i>	<i>Year 5</i>
<p>Relationships and sex education: Boys and girls</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● to understand and respect the differences and similarities between people ● about the biological differences between male and female animals ● the biological differences between male and female children 	<p>Relationships and sex education: Families</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about growing from young to old and that they are growing and changing ● that everybody needs to be cared for and ways in which they care for others ● about different types of family and how their home-life is special 	<p>Relationships and sex education: Growing up and changing</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about menstruation and wet dreams ● how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty ● strategies to deal with feelings in the context of relationships ● to answer each other's questions about puberty with confidence, to seek support and advice when they need it
<i>Year 2</i>	<i>Year 4</i>	<i>Year 6</i>
<p>Relationships and sex education: Boys and girls</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● to understand and respect the differences and similarities between people ● about their role in the life cycle 	<p>Relationships and sex education: Growing up and changing</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about the way we grow and change throughout the human lifecycle ● about the physical changes associated with puberty ● about the impact of puberty on physical hygiene and strategies for managing this 	<p>Relationships and sex education: Healthy relationships / How a baby is made</p> <p>Pupils learn:</p> <ul style="list-style-type: none"> ● about the changes that occur during puberty ● to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact ● what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships

		<ul style="list-style-type: none">● about human reproduction in the context of the human lifecycle● how a baby is made and grows (conception and pregnancy)● about roles and responsibilities of carers and parents● to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it
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